

ECNP-OCRN
INTERNATIONAL COLLEGE OF OBSESSIVE
COMPULSIVE SPECTRUM DISORDERS

16TH ANNUAL SCIENTIFIC MEETING

*Obsessive-Compulsive and Related
Disorders under COVID-19*
September 10 & 11, 2020

The target audience for this meeting is:

- physicians
- psychologists
- nurses

This year, our scientific meeting will be held online. Registration is free for paid-up ICOCS and OCRN Members. Please email office@icocs.org to register for the meeting. Due to the nature of the course, refunds are not permitted.

If you are not an ICOCS member, please go to <http://icocs.org/join-us/registration-form/> to apply for ICOCS membership.

PHYSICIANS

THIS ACTIVITY HAS BEEN PLANNED AND IMPLEMENTED IN ACCORDANCE WITH THE ESSENTIAL AREAS AND POLICIES OF THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME) THROUGH THE JOINT PROVIDERSHIP OF MCLEAN HOSPITAL AND THE INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS. MCLEAN HOSPITAL IS ACCREDITED BY THE ACCME TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS.

MCLEAN HOSPITAL DESIGNATES THIS EDUCATIONAL ACTIVITY FOR A MAXIMUM OF 3 AMA PRA CATEGORY 1 CREDIT(S)[™]. PHYSICIANS SHOULD ONLY CLAIM CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY.

NURSES

"THIS PROGRAM MEETS THE REQUIREMENTS OF THE MASSACHUSETTS BOARD OF REGISTRATION IN NURSING (244 CMR 5.00) FOR 3 CONTACT HOURS OF NURSING CONTINUING EDUCATION CREDIT. ADVANCE PRACTICE NURSES, PLEASE NOTE: EDUCATIONAL ACTIVITIES WHICH MEET THE REQUIREMENTS OF THE ACCME (SUCH AS THIS ACTIVITY) COUNT TOWARDS 50% OF THE NURSING REQUIREMENT FOR ANCC ACCREDITATION"

PSYCHOLOGISTS

THE MASSACHUSETTS GENERAL HOSPITAL DEPARTMENT OF PSYCHIATRY IS APPROVED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION TO SPONSOR CONTINUING EDUCATION (CE) FOR PSYCHOLOGISTS. THE MASSACHUSETTS GENERAL HOSPITAL DEPARTMENT OF PSYCHIATRY MAINTAINS RESPONSIBILITY FOR THIS PROGRAM AND ITS CONTENT. THIS OFFERING MEETS THE CRITERIA FOR 3 CONTINUING EDUCATION (CE) CREDITS FOR PSYCHOLOGISTS.

THIS MEETING HAS BEEN ORGANIZED BY THE ICOCS BOARD, INCLUDING NAOMI FINEBERG, MICHAEL VAN AMERINGEN, BERNARDO DELL'OSSO, AND DANIEL GELLER. FUNDING FOR THE PROGRAM HAS BEEN PROVIDED BY THE EUROPEAN COLLEGE OF NEUROPSYCHOPHARMACOLOGY.

Course Objectives:

- Describe the impact of COVID 19 disease mediated by cultural factors on the prevalence and severity of body dysmorphic disorder and related conditions.
- Examine the impact of COVID 19 disease on the expression of OCD in defined clinical population using online surveys.
- Quantify the impact of COVID 19 disease on the level of problematic use of the internet (PUI) and compulsive use of technology.
- Apply knowledge gained to craft clinical treatment approaches to patients with OCD in the COVID 19 pandemic and identify subtypes requiring specific practices.
- Develop a consensus about best practice approaches to support and manage OCD patients through the COVID 19 pandemic.
- Develop a consensus regarding specific future studies aimed at better understanding the impact of the COVID 19 pandemic; who is most at risk and how to modify current evidence-based practice to adapt to real contamination dangers.

**ECNP-OCRN International College of Obsessive Compulsive
Spectrum Disorders
16th Annual Scientific Meeting Program**

Obsessive-Compulsive and Related Disorders under COVID-19

Day 1 Thursday, September 10: (all times are in British Summer Time)

13:00 - 13:50 Board Meeting (board members only)

13:50 - 14:00 Break

14:00 - 14:20 Talk 1: *"A cross-sectional and cultural study on the impact of COVID-19 on BDD and other related disorders"* Dr. Ornella Corazza

14:20 - 14:40 Talk 2: *"An online study on the impact of coronavirus on obsessive-compulsive and related disorders"* Dr. Leonardo Fontenelle

14:40 - 14:50 Break

14:50 - 15:10 Talk 3: *"Problematic Use of the Internet and the COVID-19 Pandemic: Findings from a diverse sample in South Africa"* Dr. Christine Lochner

15:10 - 15:30 Talk 4: *"Impact of the Covid-19 pandemic on mental health at scale (N=370,000): the role of excessive technology use and compulsivity"* Dr. Sam Chamberlain

15:30 - 15:50 Talk 5: *"COVID-19: Consensus Guidance for Managing OCD"* Dr. Naomi Fineberg

Day 2 Friday, September 11:

13:00 - 13:50 Annual General Meeting

13:50 - 14:00 Break

14:00 - 14:20 Talk 6: *"Obsessive compulsive symptoms severity during COVID-19"* Dr. Joseph Zohar

- 14:20 - 14:40 Talk 7: *"PUI under Covid-19 in a clinical sample: A (Swiss) parent and adolescent perspective"* Dr. Susanne Walitza
- 14:40 - 14:50 Break
- 14:50 - 15:10 Talk 8: *"The impact of COVID-19 on OCD patients: a report from Italian regions highly impacted by the outbreak"* Dr. Bernardo Dell'Osso
- 15:10 - 15:30 Talk 9: *"Coping with OCD during the COVID-19 Pandemic: an internet survey"* Dr. Michael Van Ameringen
- 15:30 - 15:45 Poster Prize Announcement and Planning for Next Year